Rudston 1617

An Almanacke, and Prognostication for the yeare of our Lord God 1617.

Being the first after the Bissextill, or Leap yeare.

Calculated for the Meridian, and Latitude of the City of London, and may well serue for this whole Monarchie of great Brittaine.

Whereunto is added many necessary Rules, Tables, & Directions neuer before published by any.

By Iohn Rudston Pathe.

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A Table of the foure Termes, and their Returnes, or Essoine dayes, dayes of Exception. Returna brevium, and apparence for this yeere. 1617.

Hillary Terme begins Ianuary 23. and ends Februarie 12. and hath foure returnes.

Return da. or da. of Ess	da. of excep	Return	da. of appear
Octab Hillar. Jan. 20	Janu. 21	Jan 22	Jan. 23
Quind. Hillar. Jan. 27	Janu. 28	Jan. 29	Jan. 30
Craſt. Purifi. Feb. 3	Febr. 4	Feb. 5	Febr. 6
Octab. Purifi. Feb. 10	Feb. 10	Feb. 11	Febr. 12

Easter Terme begins May the 7. & ends Iune the 2. and hath foure returnes.

Quind Paſc. May 5	May 5	May 6	May 7
Tres Paſch. May 12	May 12	May 13	May 14
Menſ. Paſch. May 19	May 19	May 20	May 21
Quinq; paſch. May 26	May 26	May 27	May 28
Craſt. aſcen. May 30	May 31	June 2	June 2

Trinity Terme begins, Iune the 20. day, & ends Iuly the 9 and hath foure returnes.

Craſt. Trin. June 16	June 17	June 18	June 20
Octab trin. June 23	June 23	June 25	June 25
Quind. Trin June 30	June 30	July 1	July 2
Tres Trinita July 7	July 7	July 8	July 9

Michaelmas Terme begins the 9. of Octob. and ends the 28 of Nouember. and hath eight returnes.

Octab. Mich. Octo. 6	Octo. 7	Octo. 8	Octo. 9
Quind. Mich. Octo. 13	Octo. 14	Octo. 15	Octo. 16
Tres Micha. Octo. 20	Octo. 21	Octo. 22	Octo. 23
Menſ Micha. Octo. 27	Octo. 28	Octo. 29	Octo 30
Craſt. anima. Nouē. 3	Nou. 4	Nouē. 5	Nouem. 6
Craſt. Mart. Nou. 12	Nou. 13	Nouē. 14	Nouē. 15
Octab Mart. Nou. 18	Nou. 19	Nouē. 20	Nouē. 21
Quind Mart. Nou. 25	Nou. 26	Nouē. 27	Nouē. 28

The common Notes, and moueable Feastes this present yere of Grace. 1617.

According to the old Account vsed in England.		According to the new reformed Account vsed beyond the seas.
3	The Golden Number	3
2	The Cycle of the Sunne	2
3	The Epact	23
15	The Roman Indiction	15
E	The Dominicall Letter	A
1 of March	Shrone sunday	5 of Februa.
5 of March	Ashwednesday	8 of Februa.
20 of Aprill	Easter day	26 of March
25 of May	Rogation sunday	30 of Aprill
29 of May	Ascension day	4 of May
8 of June	Whitsunday	14 of May
30 of Nouem.	Aduent sunday	3 of Decem.
9. and 4. da.	The lesser distance betweene Christmas and Shrone sunday	5. wee. 6. da
23 Weekes	The greater distance betweene Trinity and Aduent sunday.	27 weekes

12 of March	The foure Fastes or Ember dayes.	15 of Febru.
11 of June		17 of May
17 of Septemb.		20 of Septē.
17 of Decemb.		20 of Decem.

Times prohibited from Marriage, is from December the 1. day, to Januarye the 13. Againe, from the 17. of Februarye to the 28. of Aprill. Also from the 27. of May, to the 16. of June.

THE ANOTOMIE OF MANS bodie, as the parts thereof are gouerned of 12. Signes in the Zodiacke.

Aries, head and face.

Taurus, neck & throat.

Cancer, breast stomack & ribbes.

Virgo, bowels & belly.

Scorpio, secret members.

Capricornus knees.

Gemini, armes & shoulders.

Leo, hart & backe.

Libra, reyns & loyns

Sagitarius, thighes.

Aquarius legges.

Pisces the feete.

The signes Regiment, in foure memorative verses.

Aries head, Taurus necke, Gemini armes requires:
Cancer breſt, Leo heart; Virgo wombe deſires.
Libra loines, Scorpio ſecrets; Sagitary thighes:
Capricorn knées, Aquaries legs; Piſces fœt ſuppliés.

Now is't a time vnmeete to bleede;
Yet Bathes with counsell thou maist vse:
It is not good to purge, sweat, bleede
No phisicke take sweete drinkes refuse.

1	a	New yeer. dn	pisces	15	3	59		11	d
2	b	Oct. Stephen	Aries	0	4	0		12	e
3	c	Oct. John	aries	15	4	1	☽ First	13	f
4	d	Oct. Innoc.	aries	28	4	2	quarter the 4	14	g
5	e	Depo. Edw:	Taur.	13	4	3	day, at three	15	a
6	f	Twelfe day	taur.	26	4	5	quarters of an	16	b
7	g	Felix & Jan.	Gemi.	9	4	6	houre past 4.	17	c
8	a	Lucian priest	gemi.	22	4	7	in the mor-	18	d
9	b	Parc. virgin	Cancer	5	4	8	ning.	19	e
10	c	Solin Aquari.	cance.	17	4	9		20	f
11	d	Linus mart	cance.	29	4	10		21	g
12	e	1 sun. aft. tw.	Leo	11	4	11	● Full	22	a
13	f	Mari. come in	leo	23	4	13	moone the 11	23	b
14	g	Felix	Virgo	5	4	14	day, at 27.	24	c
15	a	Maurice Ab.	virgo	16	4	16	minuts past 5	25	d
16	b	Marcellus	virgo	28	4	17	after noone.	26	e
17	c	Anthonie dep.	Libra	10	4	19		27	f
18	d	Prisca virgin	libra	22	4	20		28	g
19	e	Wolstan bish.	Scor	5	4	22	☾ Last	29	a
20	f	Octa. hilla.	scorp.	18	4	24	quarter the 19	30	b
21	g	Agnes virgin	Sagit.	1	4	25	day, at 43.	31	c
22	a	Vincent	sagit.	14	4	27	minutes after	Feb. 1	d
23	b	Terme begin	sagit.	27	4	29	9. at night.	2	e
24	c	Timothie	Capr.	11	4	30		3	f
25	d	Con. of Paul	capri.	26	4	32		4	g
26	e	2 sun aft. tw.	Aqua	10	4	34	● Newe	5	a
27	f	Quind. Hilla	aqua.	25	4	36	moone the 26	6	b
28	g	Valerius	Pisc	10	4	38	day, at a 11.	7	c
29	a	Theodore pri.	pisce.	25	4	39	at night.	8	d
30	b	Batild queen	Aries	10	4	40		9	e
31	c	Victor & Sat	aries	24	4	42		10	f

Milke, Fennish foule, and Phisicke flye;
Bath but vse not Phlebotomie;
Take heede of cold, feede warily,
Least agues breed thy misery.

1	d	Wiget	Taur. 9	4	43	☽ First quar.	11	g
2	e	Purifica.	Tau. 23	4	45	ter the 2. day	12	a
3	f	Cratino. Puri	Gemi. 6	4	47	at halfe an	13	b
4	g	Gilbert bish.	gemi. 19	4	49	houre past 2	14	c
5	a	Agathe virg	Canc. 2	4	51	after noone.	15	d
6	b	Vedasty bish	canc. 14	4	53		16	e
7	c	Angle bishop	canc. 27	4	55		17	f
8	d	Solmnisces	Leo 9	4	58		18	g
9	e	5 sun. aft. Ad	leo. 20	5	0	● Full	19	a
10	f	Octa. purifi.	Virgo 2	5	2	moone the 10	20	b
11	g	Euphrosina	virg. 14	5	4	day, at high-	21	c
12	a	Lemures ends	virg. 25	5	6	noone.	22	d
13	b	Seuerine	Libra 7	5	8		23	e
14	c	Valentine	libra 19	5	10		24	f
15	d	Faustine	Scor. 1	5	13		25	g
16	e	Septuagesima	scorp. 13	5	15		26	a
17	f	Maria. go. out	scorp. 26	5	17	☾ Last	27	b
18	g	Simon bishop	Sagit. 9	5	19	quarter the	28	c
19	a	Sabine mar.	sagit. 22	5	21	18. day, at 2.	Mar.	d
20	b	Philyzen	Capri. 6	5	23	afternoone.	2	e
21	c	69 Martyrs	capri. 20	5	25		3	f
22	d	Peters chaire	Aqua. 5	5	27		4	g
23	e	Sexagesi.	aqua. 19	5	29		5	a
24	f	S. Mathias	Pisces 4	5	31	● Newe	6	b
25	g	Inuē of Pau.	pisc. 19	5	33	moone the 25	7	c
26	a	Nestor mart.	Aries. 4	5	35	day, at 9. of	8	d
27	b	Augustine	aries 19	5	38	the clocke be-	9	e
28	c	Oswald	Taur 4	5	40	fore noone.	10	f

Humors this month in man abound;
Let food therefore be choyse and sound:
No phisicke take, ne purge or bleed,
But by learn'd counsell, and good heed.

1	d	David bishop	Tau.	18	5	43		11	g
2	e	[illegible]	Gemi.	1	5	45	☽ First	12	a
3	f	Maurice	gemi.	15	5	46	quarter the 4	13	b
4	g	Adrian	gemi.	28	5	48	day, at halfe	14	c
5	a	Ashwednesday	Canc.	11	5	50	an houre past	15	d
6	b	victorie	canc.	24	5	52	4. in the mor-	16	e
7	c	Perpet & Fel.	Leo	6	5	54	ning.	17	f
8	d	Filix & Mart.	leo	18	5	56		18	g
9	e	Quadragesi.	Virgo	0	5	58		19	a
10	f	[illegible]	virgo	11	6	0		20	b
11	g	Ethalus	virgo	23	6	2	● Full	21	c
12	a	[illegible]	Libra	5	6	4	mone the 12	22	d
13	b	Theodore ma	libra	16	6	6	day, at 6. in	23	e
14	c	Candid mart.	Libra	28	6	8	the morning.	24	f
15	d	Longin mart.	Scor.	10	6	10		25	g
16	e	☉ sun in Lent	scorp.	22	6	12		26	a
17	f	Patricke	Sagit.	5	6	14		27	b
18	g	Edward king	sagit.	18	6	16	☾ Last	28	c
19	a	Joseph	Capric	1	6	18	quarter ♑ 20	29	d
20	b	Cutbert bish.	capri.	14	6	20	day, at 3. of	30	e
21	c	Benedict	capri.	28	6	22	the clocke in	31	f
22	d	Afrodose	Aqua.	13	6	24	the morning.	Apr. 1	g
23	e	☉ sun in Lent	aqua.	27	6	26		2	a
24	f	[illegible]	Pisc.	12	6	28		3	b
25	g	[illegible]	pisce.	27	6	30	● Newe	4	c
26	a	Taylor Mart.	Aries	12	6	32	mone the 26	5	d
27	b	Martian	aries	27	6	34	day, at 6. of	6	e
28	c	Dorothy	Tau.	12	6	36	the clocke in	7	f
29	d	Victorine	tauru.	26	6	38	the Euening.	8	g
30	e	Violent sund	Gem.	10	6	39		9	a
31	f	Quelme bishop	gemi.	23	6	41		10	b

Now nature doth resume her power,
Pores opened are, and blood encrease:
Therefore this month doth beare the Flower,
To cure by physicke thy disease.

1	g	Theodore	Canc. 6	6	42		11 c
2	a	Mary Egipt	canc. 19	6	44		12 d
3	b	Richard bish	Leo 2	6	46	☾ First	13 e
4	c	Ambrose bish	Leo 14	6	48	quarter the 2	14 f
5	d	Prician	leo 26	6	50	day, at 7. in	15 g
6	e	Sebastian sunda	Virgo 8	6	52	the euening.	16 a
7	f	Euphemie	virgo 20	6	54		17 b
8	g	Egisippus	Libra 2	6	56		18 c
9	a	Perpetuus	libra 14	6	58		19 d
10	b	Sol in Taurus	libra 26	7	0		20 e
11	c	Gurthlace	Scorp. 7	7	2	● Full	21 f
12	d	Julius	scorp. 19	7	4	moone the 10	22 g
13	e	Palme sunda.	Sagit. 2	7	6	day, at a 11.	23 a
14	f	Osmund	sagit. 14	7	8	at night.	24 b
15	g	Oswald	sagit. 27	7	9		25 c
16	a	Isidore	Capr. 10	7	11		26 d
17	b	Aniceto	capri. 24	7	13		27 e
18	c	Goodfryday	Aqu. 8	7	14	☾ Last	28 f
19	d	Aphage	aqua. 22	7	16	quarter the	29 g
20	e	Easter day	Pisces 7	7	18	18. day, 32	30 a
21	f	Simeon	pisces 22	7	19	minutes after	May 1 b
22	g	Mother virg	Aries 6	7	21	high noone.	2 c
23	a	S. Georg	aries 21	7	23		3 d
24	b	Wilfride fast	Taur. 6	7	24		4 e
25	c	Marke Euan	taur. 20	7	26		5 f
26	d	Cletebish.	Gemin 4	7	28	● Newe	6 g
27	e	Lowe sunday	gemi. 18	7	30	moone the 25	7 a
28	f	Wed. come in	Canc. 1	7	31	day, at 3. of	8 b
29	g	Peter of mil.	canc. 14	7	32	the clocke in	9 c
30	a	Erkenwald	canc. 27	7	34	the morning.	10 d

Take phiſickes aide for maladie,
Vſe ſage thy drinke to qualifie:
Riſe early, trauerſe pleaſantly,
The fieldes that ſmell moſt fragrantly.

1	b	May day	Leo	10	7	35		
2	c	Athanaſius	leo	22	7	37		
3	d	Inuent. croſ.	Virgo	4	7	39		
4	e	2 ſun. aft. Ea	virgo	16	7	40	☾ Firſt	
5	f	Quind. Paſch	virgo	28	7	41	quarter the 2	
6	g	Iohn port lat.	Libr	10	7	43	day, at none.	
7	a	Terme begin	libra	22	7	45		
8	b	Apt S. Mich.	Scorp.	4	7	47		
9	c	Tranſ. Mich.	ſcor.	17	7	48		
10	d	Gordian	ſcor.	29	7	50	● Full	
11	e	Sol in Gemini	Sag.	11	7	51	moone the 10	
12	f	Tres Paſche	ſagi.	24	7	53	day, at one of	
13	g	Pancranus	Capr.	7	7	55	the clocke af-	
14	a	Boniface	capri.	21	7	56	ter noone.	
15	b	Iſidore	Aqua	4	7	57		
16	c	Brandon biſh.	aqua.	18	7	58		
17	d	Dympe virg.	Piſc.	3	7	0		
18	e	4 ſun. aft Eaſt	piſces	17	7	1	☾ Laſt	
19	f	Mens Paſche	Aries	2	8	2	quarter the	
20	g	Barnardine	aries	16	8	3	17. day, at 6	
21	a	Hellen Queen	Taur.	1	8	4	after noone.	
22	b	Iulian mart.	tauru.	15	8	4		
23	c	Deſiderius	taur.	29	8	5		
24	d	Dona:	Gemi.	13	8	6		
25	e	Rogation ſun	gemi.	26	8	6	● Newe	
26	f	Quinq; Paſch	Canc.	9	8	7	moone the 24	
27	g	Aldred. goes out	canc.	22	8	8	day, at noone.	
28	a	German	Leo	5	8	8		
29	b	Aſcenſion day	leo	17	8	9		
30	c	Craſtino aſcen	Virgo	0	8	9		
31	d	Petronie	virgo	12	8	10		
							11	c
							12	d
							13	e
							14	f
							15	g
							16	a
							17	b
							18	c
							19	d
							20	e
							21	f
							22	g
							23	a
							24	b
							25	c
							26	d
							27	e
							28	f
							29	g
							30	a
							31	b
							Ian. 1	c
							2	d
							3	e
							4	f
							5	g
							6	a
							7	b
							8	c
							9	d
							10	e

This Month bid's spices hot adue,
Coole meates and hearbes are now the best:
To bathe, purge, bleed, doe now eschew,
If you doe loue your health and rest.

1	E	Nicomede	virgo 24	8	10	☽ First	11	a
2	f	Cerme ends	Libra. 6	8	10	quarter the 1	12	b
3	g	Trasmus	libra 18	8	11	day, halfe an	13	c
4	a	Petrosie	Scor. 1	8	11	houre past 4.	14	d
5	b	Boniface	scorp. 13	8	12	in the mor-	15	e
6	c	Claudius	scorp. 25	8	12	ning.	16	f
7	d	Wolstan tran	Sagit. 8	8	12		17	g
8	E	Whitsunday	sagit. 21	8	13	● Full	18	a
9	f	Trans. Edm.	Capri. 4	8	13	moone the 9.	19	b
10	g	Innocent	capri. 17	8	13	day, at 2. in	20	c
11	a	Sol in Cancer	Aqua. 1	8	13	the morning.	21	d
12	b	Basilde	aqua. 15	8	13		22	e
13	c	Anthonie	aqua. 29	8	13		23	f
14	d	Basill	Pisces 13	8	12	☾ Last	24	g
15	E	Trinity sun.	pisces 28	8	12	quarter the	25	a
16	f	Crast. Trin.	Aries 12	8	12	15. day, at 10	26	b
17	g	Wed. come in	aries. 27	8	12	of the clocke &	27	c
18	a	Marc. & Mar	Tau. 11	8	12	38. minn. af-	28	d
19	b	Corpus Chri.	taur. 25	8	11	ter moone.	29	e
20	c	Terme begin	Gemi. 8	8	11		30	f
21	d	Walburge	gemi. 22	8	11	● New	Iuly 1	g
22	E	1 sun, aft, tri.	Canc. 5	8	10	moone the 22	2	a
23	f	Oct. Trin.	canc. 18	8	10	day, at a 11.	3	b
24	g	Iohn Baptist	Leo 1	8	9	of the clock at	4	c
25	a	Petronia	leo. 13	8	9	night.	5	d
26	b	Anne	leo 25	8	8		6	e
27	c	Crescent	Virgo 7	8	7	☽ First	7	f
28	d	Leo bish.	virgo 19	8	6	quarter the	8	g
29	E	Sr. Peter Ap.	Lib. 2	8	5	last day, at 10	9	a
30	f	Quind Trinit	libra 14	8	4	at night.	10	b

In Iune what is Preſcrib'd for health;
Accordeth beſt with Iulies heate:
Coole bathes, to with in Chriſtall ſtreames.
Coole herbes likewiſe, and cooleſt meate.

1	g	Oct: of John	libra	26	8	4			11	c
2	a	Viſita of Ma.	Scor.	8	8	3			12	d
3	b	Tranſ of Tho	ſcorp.	21	8	2			13	e
4	c	Tranſ of Ma.	Sagit.	3	8	1			14	f
5	d	Zoz virgin	ſagit.	16	8	0	●	Full	15	g
6	e	3. ſun. aft. Tr.	ſagit.	29	7	59	moone the 8		16	a
7	f	Tres Trin.	Capr.	13	7	58	day, at a 11		17	b
8	g	Grimbald	capr.	26	7	57	before noone.		18	c
9	a	Terme ends	Aqua.	10	7	56			19	d
10	b	7. brethr. mar	aqua.	25	7	55			20	e
11	c	Tranſ. Bene.	Piſces	9	7	54			21	f
12	d	Solſtitium.	piſces	24	7	52	☾	Laſt	22	g
13	e	4. ſun. aft Tri	Aries	9	7	51	quarter the 15		23	a
14	f	Kenell	aries	23	7	49	day, at 3. in		24	b
15	g	Swithin	Taur.	8	7	47	the morning.		25	c
16	a	Tranſ. Dim.	taur.	23	7	45			26	d
17	b	Kenelm King	Gem.	6	7	43			27	e
18	c	Arnolph biſh.	gemi.	29	7	41			28	f
19	d	Ruff. and Juſt	Cancer	5	7	40			29	g
20	e	Dog dayes be	cancr.	15	7	39	●	Newe	30	a
21	f	Praxed	canc.	27	7	38	moone the 22		31	b
22	g	Mary Mag.	Leo	10	7	36	day, at high		Aug. 1	c
23	a	Apollin.	leo	22	7	35	noone.		2	d
24	b	Chriſt a.	Virgo	4	7	33			3	e
25	c	ſaint	virgo	16	7	31			4	f
26	d	Anne mo. Ma	virgo	28	7	29			5	g
27	e	6 ſun. aft. trin	Libra	9	7	28	☾	Firſt	6	a
28	f	Sampſon biſh	libra	21	7	26	quarter the		7	b
29	g	Init. Reg. Scot	Scorp.	4	7	25	30. day, at 2		8	c
30	a	50. yeres ſince	ſcorp.	16	7	23	after noone.		9	d
31	b	German	ſcorp.	28	7	22			10	e

This month the Dogs ſtarre violently
Doth heat the blood, and humors fry;
No Phiſicke or phlebotomy,
Helpes now but breedes infirmity.

1	c	Lamas day	Sag. 11	721		11	f
2	d	Stephen bish.	sag 24	720		12	g
3	e	7. fan. aſt. Tri.	Cap. 7	718		13	a
4	f	Juſtine	capri. 21	716	● Full	14	b
5	g	Oswaries can	Aqu 5	715	moone the 6	15	c
6	a	Transl. of Chr:	aqua 19	714	day at 8. of the	16	d
7	b	Donatus bish	Pisc, 4	712	clock at night	17	e
8	c	Ciriacius	pisces 19	711		18	f
9	d	Roman mart	Aries 4	7 9		19	g
10	e	Laurence mart	aries 19	7 7		20	a
11	f	Tibert	Taur. 3	7 6	☾ Laſt	21	b
12	g	Clare virgin	taur. 18	7 4	quarter ꝑ 13.	22	c
13	a	ool in virgo	Gemi. 2	7 2	day, at 10. be-	23	d
14	b	Eusebius pri	gemi 15	7 0	fore noone.	24	e
15	c	Assumpt of Ma	gemi. 29	658		25	f
16	d	Roch mart.	cane. 12	656		26	g
17	e	9 sun. aft. Tri.	cance, 25	654		27	a
18	f	Agapit mart.	Leo 7	652	● Newe	28	b
19	g	Magnus mar	leo 19	650	moone the 21	29	c
20	a	Barnard conf	Virgo 1	648	day, at halfe	30	d
21	b	Lewis	virgo 13	646	an houre paſt	31	e
22	c	Octa aſſump.	virg, 24	644	2 in the mor-	Sep. 1	f
23	d	Timothy fait	Libra 6	642	ning.	2	g
24	e	Bartho: Apo	libra 18	640		3	a
25	f	Lodonicus	Scorp 0	638		4	b
26	g	Genebine	Scor. 12	637		5	c
27	a	Ruffin	scorp. 24	635	☽ Firſt	6	d
28	b	Dog da. end	Sagit 6	633	quarter the	7	e
29	c	Decol. Jo.	sagit. 19	631	19. day, at 6.	8	f
30	d	Felix	Capri. 2	629	in the mor	9	g
31	e	11 sun aft. Tri	capri. 15	627	ning.	10	a

Rype fruites but ſound in meaſure eate,
Now Spice you may vſe with your meate:
Now doggs dayes gone, bath, purge and bleede,
And phiſicke take if that you neede.

1	f	Giles Abbot	capric	29	6	14		11	b
2	g	Anthony mar.	Aqua.	13	6	22		12	c
3	a	Dydima Greg	aqua.	28	6	20		13	d
4	b	Tranſ. of Cut	Pilce.	13	6	18	● Full	14	e
5	c	Bertine	piſces	27	6	16	moone the 5.	15	f
6	d	Euuenius	Aries	12	6	14	day, at 4. in	16	g
7	e	12.ſun.aft.trl	aries	27	6	12	the morning.	17	a
8	f	Nat. B. Mar.	Taur.	12	6	9		18	b
9	g	Gorgonius	taur.	27	6	7		19	c
10	a	Siluius	Gem.	11	6	4		20	d
11	b	Prothi & Iac:	gemi.	25	6	2	☾ Laſt	21	e
12	c	Martian	Canc.	8	6	0	quarter the	22	f
13	d	Sol in Libra	canc.	21	5	58	11 day, at 8.	23	g
14	e	Holy Croſſe	Leo	4	5	56	at night.	24	a
15	f	Nichodeme	leo	16	5	54		25	b
16	g	Edith virgin	leo	28	5	53		26	c
17	a	Ember weeke	Virgo	10	5	51		27	d
18	b	Victor & Cor	virgo	22	5	50	● Newe	28	e
19	c	Januarij	Libra	4	5	48	moone the 19	29	f
20	d	Euſtace laſt	libra	15	5	46	day, at 7. at	30	g
21	e	Matthew Apo	libra	27	5	44	night.	Oct. 1	a
22	f	Mauritius	Scorp.	9	5	43		2	b
23	g	Teclin	ſcorp.	21	5	41		3	c
24	a	Firmin	Sagit.	3	5	39		4	d
25	b	Andocher	ſagit.	15	5	37	☽ Firſt	5	e
26	c	Cipian	ſagit.	28	5	35	quarter the	6	f
27	d	Coſme	Capr.	11	5	33	27. day, at 8.	7	g
28	e	15.ſun.aft.trl	capri.	24	5	31	at night.	8	a
29	f	Michael arch	Aquar.	8	5	29		9	b
30	g	Hierom prieſt	aqua.	22	5	27		10	c

With good hot brothes, and vestures warme,
From colde the body keepe:
Good store of foode will doe no harme,
Drinke olde good wines, and largely sleepe.

1	a	Regimus	Pisces	6	5	24		
2	b	Leodegar	pisce.	21	5	23		
3	c	Candid	Aries	6	5	21		
4	d	Francis con.	aries	21	5	19	● Full	
5	e	16 sun.aft.tri	Taurus.	6	5	17	moone the 4.	
6	f	Octa. Mich.	taurus.	21	5	15	day, at one af-	
7	g	Marc. & Mar	Gemin.	5	5	13	ter noone.	
8	a	Pelagie mart	gemi.	20	5	11		
9	b	Terme begin.	Canc.	3	5	9		
10	c	Gereon	canc,	17	5	7		
11	d	Michaelus	Leo	0	5	5	☾ Last	
12	e	Wilfrid bish.	leo	13	5	3	quarter the 11	
13	f	Quind. Mich.	leo	25	5	0	day, at 9. of	
14	g	Colm Scotpio	Virgo.	7	4	57	the clocke be-	
15	a	Wolstan	virg,	19	4	55	fore noone.	
16	b	Mich. mount.	Libra.	1	4	53		
17	c	Etheldr. fast	libra	13	4	51		
18	d	Luke Euang.	libra	25	4	49		
19	e	18 sun.aft.tri	Scorp.	6	4	47	● Newe	
20	f	Tres Micha.	scor.	18	4	45	moone the 19	
21	g	11000. virgin	Sagit	0	4	43	day, at noone.	
22	a	Mary Col.	Sagi.	12	4	41		
23	b	Roman. Arch	sagit.	24	4	39		
24	c	Maglory bish	Capr.	7	4	38		
25	d	Crispin	capri.	20	4	36	☽ First	
26	e	19 sun af.tri.	Aquar.	3	4	34	quarter the	
27	f	Mens. Mich.	aqua.	17	4	33	27. day, at 8	
28	g	Simon & Jud	Pisc.	1	4	31	before noone.	
29	a	Narcissus bish	pisce,	15	4	30		
30	b	German	Aries	0	4	28		
31	c	Quintin	aries	15	4	27		

11	d
12	e
13	f
14	g
15	a
16	b
17	c
18	d
19	e
20	f
21	g
22	a
23	b
24	c
25	d
26	e
27	f
28	g
29	a
30	b
31	c
No. 1	d
1	e
2	f
3	g
4	a
5	b
6	c
7	d
8	e
9	f
10	g

Now in thy meates vse spicery,
But vse yee no phlebotomy:
For winters colde extreamity,
Thereby may breede infirmity.

1	d	All Saints	Taur. 0	4	26		11	g
2	e	All soules.	taur. 15	4	24	Full	12	a
3	f	Crastin. Anim	taur. 29	4	22	Moone the 2.	13	b
4	g	Amantius	gemi. 14	4	21	day, at 10 at	14	c
5	a	Leuder Tre	gemi. 28	4	20	night.	15	d
6	b	Faith virgin	Can. 11	4	18		16	e
7	c	Wilbrode	canc. 25	4	17		17	f
8	d	4 Crowned	Leo 8	4	15		18	g
9	e	Theodore	leo 21	4	13	Last	19	a
10	f	Martin Pa.	Virgo 3	4	11	quarter the	20	b
11	g	Mart. bishop	Vir. 15	4	10	10 day, at 3	21	c
12	a	Crastino. mar.	virg. 28	4	8	in the morn.	22	d
13	b	Sol in Sagita	Libr. 9	4	7		23	e
14	c	Trans. Erk.	libr. 21	4	6		24	f
15	d	Macute	Scor. 3	4	5		25	g
16	e	22 sun. aft. tri.	scor. 15	4	4		26	a
17	f	Hugh bishop	scor. 27	4	3	Newe	27	b
18	g	Oct. Martini.	Sagi. 9	4	2	the 17. day, at	28	c
19	a	Elizabeth	sagi. 21	4	1	6. of the clock	29	d
20	b	Edmond R.	Caric. 4	4	0	in the mor-	30	e
21	c	Pres. Mari.	capr. 17	4	59	ning.	Dec. 1	f
22	d	Cicely virgin	Aqua. 0	3	58		2	g
23	e	23 sun. af tri.	aqua. 13	3	57		3	a
24	f	Grisogo. mart.	aqua. 27	3	56		4	b
25	g	Quind. Marti.	Pisc. 11	3	55		5	c
26	a	Linus bish.	pisces 26	3	54	First	6	d
27	b	Agricola	Aries 10	3	53	quarter the	7	e
28	c	Carme eunus	aries 25	3	52	25. day, at 5,	8	f
29	d	Saturne mar.	Taur. 9	3	51	at night.	9	g
30	e	Aucnt sunday	taur. 24	3	50	S. Andrew A	10	a

December hath xxxi. dayes.

Let passions absence minde secure,
Let warmth thy bodies health procure;
Then bodies health; minde tranquilliz'd,
Will deeme his state emparadiz'd.

1	f	Wed. goe out	Gemi. 8	3	50		11	b
2	g	Libanus	gemi. 22	3	50		12	c
3	a	Osm Depo.	Canc. 6	3	49	● Full	13	d
4	b	Barbera.	canc. 19	3	49	moone the 2	14	e
5	c	Sabba	Leo 3	3	48	day, at 9. of	15	f
6	d	Nicholas	leo 16	3	48	the clocke in	16	g
7	E	1 sun. in adu.	leo 28	3	48	the morning.	17	A
8	f	Cyprian ab.	Virg. 11	3	47		18	b
9	g	Eulalia virg.	virgo 23	3	47		19	c
10	a	Paul confes.	Libra	3	47	☾ Last	20	d
11	b	Sol in Capric	libra 17	3	47	quarter the 9	21	e
12	c	Epimath	Scorp. 0	3	47	day, at 10. at	22	f
13	d	Lucie virg.	scorpi. 12	3	47	night.	23	g
14	e	2 sun in Ad.	scorp. 24	3	47		24	A
15	f	Valeria.	Sagit. 6	3	48		25	b
16	g	Albina	sagit. 18	3	48	● Newe	26	c
17	a	Ember weeke	Capri. 1	3	48	moone the 17	27	d
18	b	Gratian	capri. 14	3	48	day, at halfe	28	e
19	c	Venesie	capri. 27	3	49	an houre past	29	f
20	d	Julian fast	Aqua 10	3	49	10. at night.	30	g
21	E	Thomas Apo	aqua. 23	3	50		31	A
22	f	30. Martyrs	Pisc. 7	3	51		Ian. 1	b
23	g	Victoria virg	pisces 22	3	52	☽ First	2	c
24	a	Claudy	Aries 6	3	53	quarter the	3	d
25	b	Christmas da	aries 20	3	54	25. day, at	4	e
26	c	St. Stephen	Taur. 5	3	55	halfe an houre	5	f
27	d	John Evangl	Tau. 19	3	56	before one of	6	g
28	E	Innocents	Gemi 4	3	57	the clocke in	7	A
29	f	Thomas Bec	gemi. 18	3	57	the morning	8	b
30	g	Trans. of Ja.	Canc. 1	3	58		9	c
31	a	Silvester	canc. 15	3	59		10	d

Rudstone. 1617.

A Prognostication for the yeere of our Lord GOD, 1617.

Deduced from the Motions and Positions, of the supreame and luminous bodies to this opacous Globe of the Earth.

By *John Rudstone*, Mathematician.

Wherunto are annexed many Tables and Directions, delectable and vsefull, invented and now first published by me.

Imprinted at London for the *Companie of Stationers*.

1617.

For the vse of such as shall trauaile long iourneys & voyages (or otherwise desirous to know, how the Feast daies and other seasons and distinctions of times of the next yeares falleth out,) I haue added the Common notes, moueable Feasts & aspects of the Moone, for the next two yeares, with directions how by helpe thereof you may know the times of Sundaies & Holy dayes moueable, and fixt; & the place of the Moone, her changes, fulls, and quarters, &c.

The common Notes and moueable Feasts for the yeare 1618. being the second after Leape-yeare.

Our English Accompt		Forraine Accompt.
4	The golden number.	4
3	The circle of the Sun	3
14	The Epact.	4
I	The Roman Indiction.	I
D	The Dominicall Letter.	G
Febru: 25.	Shrouetsunday.	25 of February.
Febur 18.	Ashwednesday.	28 of February.
Aprill 5.	Easter day.	15 of Aprill.
May 10.	Rogation Sunday.	20 of May.
May 14.	Ascention day.	24 of May.
May 24.	Whitsonday.	3 of June.
Novem: 29.	Aduent Sunday.	2 December.

The new Moones, full Moones, and quarters, Anno Domini. 1618.

	Ianuary.			February.			March.		
	D.	H.	M.	D.	H.	M.	D.	H.	M.
Last qu.	8.	7.	12. p	7.	3.	43 p	9.	10.	33. a
New ☽	16.	0.	44. p	15.	3.	3. a	16.	10.	37. a
First qu	23.	7.	50. a	21.	3.	56. p	23.	1.	51. a
Full ☽	30.	1.	35. a	28.	18.	15. p	30.	11.	30. p

	April. D. H. M.	May. D. H. M.	June. D. H. M.
Last qu.	8. 1. 15. a	7. 0. 37. p	5. 8. 16. p
New ☽	14. 7. 10. p	14. 4. 59. a	12. 10. 50. a
First qu.	21. 1. 42. p	21. 3. 39. a	19. 7. 10. p
Full ☽	29. 7. 6. p	29. 4. 2. a	27. 8. 33. p

	July. D: H: M:	August. D: H: M:	September. D. H. M.
Last qu.	5. 1. 35. a	3. 6. 3. a	1. 0. 0. p
New ☽	11. 7. 49. p	10. 6. 40. a	8. 6. 12. p
First qu.	19. 0. 2. p	18. 5. 46: a	16. 11. 33. p
Full ☽	27. 8. 21. a	25. 6: 47: p	24. 4. 53. a

	October. D. H. M.	November. D. H. M.	December. D. H. M.
New ☽	8. 0: 20. p	7. 6. 36. a	7. 1. 22: a
First qu.	16: 4: 30: p	15. 7. 25: a	14. 7. 37. p
Full ☽	23. 2. 31. p	21 0: 13 : a	21. 10. 28. a
Last qu.	30: 6: 38: a	8. 9: 36: p	28 3. 40. p

The Common Notes and moueab'e Feasts for the yeare of our Lord 1619. being the third yeare after Bissextile.

According to

Our English Accompt		Forraine Accompt.
5	The Golden number	5
4	The circle of the Sunne	4
25	The Epact	15
2	The Roman Indiction	2
C	The Dominicall Letter	F
Febru: 7	Shrouetuesday	Febru: 10
Febru: 10	Ashwednesday	Febru: 13
Mar: 28:	Easter day	March 31
May 2	Rogation Sunday	May 5
May 6	Ascention day	May 9
May 16	Whitsunday	May 19
Nouem: 28	Aduent Sunday	Decem: 1

The new Moones, full Moones, and quarters, for the yeare of our Lord, 1619.

	January D: H: M.	February D: H: M:	March D: H: M:
New ☽:	5 7 27 p	4 11 34 a	6 0 50 a
First qu:	13 5 7 a	11 0 37 p	12 7 20 p
Full ☽:	19 11 2 p	18 11 2 a	20 1 28 a
Last qu:	27 10 44 a	26 8 15 a	28 3 29 a

	Aprill D: H: M:	May D: H: M:	Iune D: H: M:
New ☽:	4 11 30 a	3 8 0 p	2 3 22 a
First qu:	11 2 27 a	10 10 56 a	8 9 43 p
Full ☽:	19 4 43 p	18 8 21 a	16 11 36 p
Last qu:	26 8 5 p	26 9 45 a	24 8 0 p

	July D: H: M:	August D: H: M:	September D: H: M:
New ☽:	1 10 27 a		
First qu:	8 10 57 a	7 2 52 a	5 8 49 p
Full ☽:	16 2 18 p	15 4 17 a	13 5 15 p
Last qu:	24 3 39 a	22 9 32 a	20 3 18 p
New ☽:	30 6 24 p	29 4 6 a	27 4 14 p

	October D: H: M:	November D: H: M:	December D: H: M:
First qu:	5 3 57 p	27 11 17 a	4 4 59 a
Full ☽:	13 5 11 a	41 4 8 p	11 2 15 a
Last qu:	19 9 43 p	18 6 45 a	17 7 9 p
New ☽:	27 7 17 a	26 0 56 a	25 7 57 p

IN the precedent Tables of the Moones aspects, the moneths are set at the head, the titles of the aspects in the first marginall columne to the left hand, and the dayes, howres and minutes of such aspects, in the succeeding columes to the right hand, with these letters A, and P, set after the said houres and minutes, signifying whether those aspects fall out before or afternoone, A standing for Ante, or before noone, and P for Post, or afternoone, for Example, The next yeare 1618. I desire to know when the first quarter or full Moone shall hap-

happen in January: for resolution wherof, repairing to the former table of the Moons aspects for that yeare, & finding the month at the head, and the said aspects of the Moone in the first marginall colume, I find there against the first quarter in the other next succeeding colume to the right hand these figures 23.7.50. denoting the said aspect to happen the 23. day of January, the 7. houre, and 50. minute before noone for that it hath A set thereto signifying it to be before noone. And for the full moone in like manner 30. 1. 35. with P set after, shewing it to be vpon the 30. day of January, 6. of the clocke, and 24. minutes after noone, for that it hath P ascribed thereto, which standeth for Post, signifying after noone.

Eclipses. 1617.

OF 5. Eclipses, one also and that of the Moone will appeare to vs in our Horizon, which will begin at 5. of the clocke, and 50 mn: after noone, being in her greatest obscurity at 7. and 44. minutes, being then darkned to the quantity of 16. digits, and ending at 9. and 36. minutes at night, the first day of August.

There will not happen any Eclipse visible in our Horizon the yeare 1618.

But the yeare of Grace 1619. there will bee presented to our view two obscurations of the Moone by the shaddow of the Earth. The first happning the 16. day of June, at 11 of the clocke and 39. mn: beginning at 10. & 55. min: and ending at 24 mi: after midnight, which will be the quantity of 1 digit, & continue one hour & 29. min: The other happening the 11 of December begins at one and 50. min: is at greatest obscuration to the quantity 10. digits at 2. & 28. min: and ends at 4: & 6. minuts.

Instructions for the vse of the the precedent Notes and Tables.

THe Dominicall Letter being found amongst the Common Notes of the yeares 1618. or 1619. then looke vpon what daies of the month you shall find the same Dominicall letter noted in the colume of the Dominicall letters set downe in the precedent Almanacke 1617. those daies are Sundaies, which hauing found, you cannot bee ignorant how the other weeke daies follows. And for the holy daies fixed, they fall alwaies vpon one and the same day of the moneth, one yeare as another: But for the moueable holidaies & Festiualls, they are noted amongst the common notes of the yeares 1618. & 1619.

So that knowing therby vpon day of the moneth Easter sunday happens, then the 6. sunday before is Quadragesima, or the first sunday in Lent, the next before Quinquagesima, Sexagesima, & Septuagesima successiuely. again the next sunday after Easter day is Low sunday, the 5. sunday after is Rogation sunday, The Thursday after is Holy Thursday, Then the 7. Sunday from Easter day is Whitsunday. The next sunday after is Trinity sunday, and the thursday after is Corpus Christi day. Now the Sundaies following Trinity sunday to Aduent sunday are the sundaies of the greater distance: And Aduent sunday falleth alwaies vpon the sunday next before St. Barbara the 4. of December. Now by helpe of the tables of y changes of the moone may you know in what place the moone is scited any day of the yeares 1618. & 1619. in this sort. At the time of new moone, the sun & moone are both in one signe & degree At the full moone, in oppolite signes & degrees, viz. the ☽ is 6. signes from the sunne, at the first quarter 3. signes in consequence from the sun, And at the last quarter 3. signes in precedence. This being le, and the place of the sun being readily had by the Almanack: (for that the day of the Suns entrace into the signes is noted in euery moneth of the Almanack, by reckoning for euery day after such day of the Suns entrance into any signe a degree, you shall haue the degree, (the Sun is in very neere) of such signe) which place of the Sun being so readily found vpon the time of any aspect of the moone before noted in the tables for that purpose, then if the ☽ be in conjunction, that is at her change, she is in the same signe and degree with the Sun. If at her full or oppolition, in the oppolite signe and degree, if at the quarters then in the same number of degrees, and the third signe from the sun in consequence, or precedence as before is noted: for example, the 16 of January 1618, there happeneth a new Moone 44. min: afternoone, at which time I desire to know the place of the moone: first therfore I find the place of the Sun the same time, by reckoning so many degrees as passed dayes from his entrance into the signe of Aquarius, which is noted that moneth to be vpon the tenth of January, to the 16. the distance betwixt being 6 dais sheweth that the sun is in the 6 degree of Aquarius. Now for that the Sun & the Moone are in one and the same degree and signe, at the conjunction or new Moone, I conclude that the ☽ is also in the 6 deg: of ♒. In the same manner the full ☉ happening the 30 day of January at 1. of the clocke & 35. min: afternoone, finding the place of the ☉ according to the former rule to be in the 20 degree of ♒, for that it is the 20. day from the 10. the day of the Suns entrance as before. Therfore say I the place of the ☽ to be in the 20 degree of ♌ the 6 or oppo-

site

site signe to ♒ at the time of the full, viz. at one and 35. min: vt supra. Now finding the last quarter to happen the 24. day at 3 ♐ 39. min: and the place of the ☉ then according to the former directions to be in the 14 of ♒ I affirme the place of the ☽ to be in the 14 of ♌ the 5 signe from the ☉ in precedente, and by like method may I find the place of the Sun the first quarter. But if you desire the place of the ☽ for any other time the same day before or after the time of her said aspects reckoning for euery 2 houres 1 degree you shall haue her place very neere, which being so had vpon y day of such her aspects by reckoning 13 degrees for euery day before or after, you may come neere to her true place: for example, her place the 30 of January, at one ♐ 35 min: being found as before to be in the 20 deg: of ♏ by taking 52 min: for houre, ♐ 35 min: from that 20 degree, I am brought to the 19 deg: of ♏ which is her place at noone, to which adding 13 deg: I haue her place for the last day of January in the 2 of ♎, which is a method farre more exact then the rules of the Epact, &c.

To know when the Moone will be South any day of the yeare.

The ☽ age.		Her comming to South.	
1	16	12	48
2	17	1	36
3	18	2	24
4	19	3	12
5	20	4	0
6	21	4	48
7	22	5	36
8	23	6	24
9	24	7	12
10	25	8	0
11	26	8	48
12	27	9	36
13	28	10	24
14	29	11	12
15	30	12	0

FInd her age, that is, how many days the is passed from her change to the day required, with which enter this table in the Collume vnder the Title of the Moones age, where hauing found the dayes of her age right against it in the Collume vnder the title of her coming south, you shal haue the houre and min: of her comming south. For example, the 21. of Jan: 1617 finding the ☽ to be 15. dayes old, for that ther is at the full, which her age found in this table in the colume vnder the Title of her age in the next Colume entitled her comming south, you shall find 12 that is at midnight for alwaies before the full from the change she commeth to the South betwixt noone-tide and midnight: But after the full, from after midnight to noontide.

To know the time of the Moones rising, setting, and shining.

HAuing found the time of the Moones being at south, by the Table aforegoing repaire to the 5. colume of the Almanacke, where I haue set downe the howers and min: of the semidiurnall Arch or halfe length of the day, and there finding the said halfe length of the day against such signe and degree of the Sun, as the Moone is in at your time giuen, you shall take that for the semidiurnall arch or halfe quantity of the moons abode aboue the Horizon, which taken from the time of her comming South, before found, you shall haue in the remaine, the time of her rising: and if you adde the said halfe quantity of the time of her abode aboue the Horizon to her comming South, you shall produce the time of her letting. And if you double the said halfe quantity of her abode aboue the Horizon, you shall haue the whole time from her rising to her letting. For Example, the said 11. day of January being found to bee south at midnight, she is then by the Kalender in the 5 degree of Leo, (for at noone before she was in the 29 of Cancer, and the noone after in the 11 of Leo, the Medium betwixt is the 5 of Leo) finding then according to the former rules when the Moone is in the 5 deg: of Leo, what his semidiurnall arch is in the 5 column of the Kalender, viz. that it is 7 hou 41 min: taking that also for the semidiurnall arch, or halfe time of the moones abode in our Horizon, and subducting it from the time of her comming south at midnight, leaueth the time of her rising to be at 4 of the clocke and 19 minuts after noone, which 7 hours and 41 minutes being added to her sauthing at midnight produceth 7 of the clock and 41 min: in the morning for the time of her letting: Againe 7 howres & 41. minutes doubled, giueth 15 hou: and 22 min: for her continuance in our Horizon from her rising to setting. Now for her shining, if you subtract the time of sunne-set from the Moones letting in her increase, Or else in her decrease by taking the time of her rising from the Sunnes, she weth her shining onely at the full moone, she shineth during the time of her continuāce in our horizon or nocturnall arch found as before is taught. As in this Example, her abide in this Horizon as before is found to bee 15 houres & 22 min: whereupon it is to be concluded that shee so long shineth. And heere had I a purpose to set downe the risings, culminations & settings of diuers principall Starres fixed, and the Planets, but that the roome of necessity must be supplied with other matters more pertinent to this tract.

Et de iis alias.

To know the houre of the night by the Moone.

HAuing found as before at what time the Moone commeth South, take a Sundiall and note at what hower therein before or after 12 in the dyall, the shadow of the moon pointeth for the true howre of the night, want or is past so much of the time of the moue being south: for Example, the 11 of January at night finding the shadow of the Moone to poynt in a Sundiall at 4 houres before noone. I conclude it is 8. of the clock for that it is 4. houres before her comming South, which as before was found to be at 12. midnight.

A Briefe tide Table shewing the times of full Sea in all the Principall Havens in or neere about England.

Quinboro, Southampt: Portsmouth, Wellins. Fland. the Spitts, the Sleeue along the swyne,	0	0
Redbau, Aberden, West end of the Nore.	0	45
Grauesend, Downs, Tenet, Romny Ramkins,	1	30
Dundee, St. Andrews, Lisbone, Silly, St. Lucas,	2	15
Loudon, Tinmouth, Hartlepoole Byscay, Britaine,	0	
Gascoigne, Galicia, Portugall,	3	0
Barwick, Ostend, Fount, Blankenboro,	3	45
Frith, Leith, Dunbar, Narbon,	4	30
Falmoth, Garnesey, Seuerne, Tinby, Rinuall,	5	15
Foy, Lin, Humber, Plym, Mountbay, Antwerp,	6	0
Bristol, Lanion, Foulnesse,	6	45
Milford, and Bridgewater,	7	30
Portland, Peterport, Harflu, & the Hage,	8	15
Orkney-Poole, st. Heleins, Orwell, Embden,	9	0
Needles, Deepe, Casket, Lux, Lenor,	9	45
Harwich, Yarm: Wight, Douer, North, Forl: Bullen,	10	30
Calice, Calsho, Rye, Winchelsey	11	15

Adding the hours & min: adioyning to the Ports in this Table contained, vnto the Moones comming South, produceth the time of the tydes in the same Ports.

A Table shewing the beginnings, continuance, and ending, of the Raignes of the Kings of England, since the the conquest, as also how long it is since

The K. names.	The yere, M. D. began their R.	The yeares, M. D. they raigned.	Since their r.
W: Con:	1066 Octo. 14	20 y. 11 m. 14 d.	551
W: Ruf:	1087 Sept. 9	12 y. 11 m. 17 d.	530
Henry 1	1100 August 1	35 y. 4 m. 11 d.	517
Stephen:	1135 Decemb 2	18 y. 11 m. 18 d.	482
Henry 2	1154 Octob 25	34 y. 9 m. 1 day	463
Richa: 1	1189 July 6	9 y. 9 moneths.	428
Iohn	1199 Aprill 6	17 y. 6 m. 13 day.	418
Henry 3	1216 Octob 19	56 y. 4 weekes	401
Edwa: 1	1272 Nouc. 16	34 y. 8 m. 6 daies	345
Edwa: 2	1307 July 7	19 y. 7 m. 5 daies	310
Edwa: 3	1326 Janu. 25	50 y. 5 m. 7 dai.	290
Richa: 2	1377 June 21	22 y. 3 m. 14 da.	240
Henry 4	1399 Sep. 29	13 y. 6 m. 3 dai.	218
Henry 5	1412 March 20	9 y. 5 m. 24 d.	204
Henry 6	1422 August 31	38 y. 6 m. 8 da.	195
Edwa: 4	1460 March 4	12 y. 5 m. 1 da.	156
Edwa: 5	1483 April 9	0 y. 2 m. 18 d.	134
Richa. 3	1483 Janua. 22	2 y. 8 m. 5 daies	134
Henry 7	1485 Augu. 22	23 y. 10 m. 24 d.	132
Henry 8	1509 Aprill 22	37 y. 10 m. 2 da.	108
Edwa. 6	546 Janua: 28	6 y. 5 m. 19 da.	071
Mary	1553 July 6	5 y. 4 m. 25 da.	064
Elizab.	1558 Nouem: 17	44 y. 4 mo. 15 d.	59
K. Iam.	1602 March 24	After writing 15. y.	

The explication & vse of the former Table.

THe Table consisteth of 4 Columnes, whereof the first containeth the names of the Kings of England: the second the yeares, moneths, and dayes when they began their Raigne: the third, the yeers moneths, & dayes they raigned: the fourth and last containeth the yeres, since the said Kings began their Raigne, which is alwaies the end of the Raigne of the King next before. The questions that may be made & resolued by the contents of this Table, viz. touching the Kings Raignes of England, are either where the yeare of our Lord is knowen, and the yeare of the kings Raigne required, or contrarywise the yeer of the Kings raigne knowen, and the yeare of our Lord desired: or else how many yeares it is since the yeare of our Lord, or the Kings Raigne propounded: all which are resolued thus. The first by taking the difference betwixt the yeare of our Lord giuen, and the yeare of our Lord next answering to the beginning of a Kings Raigne, for that difference is the yeare of the Raigne of such a king. As for Example. A Lease beareth date Anno Dom. 1317. The question is, what yeare of what King it is: for resolution whereof, according to the former directions I find in this Table what yeare of our Lord set at the beginning of a kings Raigne falleth next lesse in number thereto, which here I find to be An. Dom. 1307. which is set at the beginning of the Raigne of King Edward 2. which subducting from the yeare giuen, viz. 1317. there remaineth 10. for the difference betwixt them, shewing that it was date the 10. yeare of king Edward the 2. The second question is answered by adding the yeares of the Kings raigne giuen, to the yeare of our Lord set at ỹ beginning of his raign. The resolution whereof will giue the yeare of our Lord desired For Example. If question were made what yeare of the Lord the 10. yeare of the Raigne of King Edward the 2. was, by adding 10. to 1307. set at the beginning of his raigne produceth 1317. for the yeare of our Lord. For the other two questions, viz. how long it is since a yeare of our Lord or a yeare of a kings raigne: The first is resolued by subducting one yeare of our Lord from another: And the second by taking so many yeers as the kings Raigne, to the time giuen lesse then is set down in the said fourth & last Columne of the Table against the beginning of the kings Raigne. As for Example, of the first, if I desired to know how long it is sithence the said yeare of our Lord 1317. to this present yeare. The like whereof may be done for any other yeares, by subducting it frō this present yeare 1616. there remaineth 300. yeares for the time since. And for the 2. que-

question of the two last, if the tenth yeare of the said Kings raigne be giuen to know how long it is since, by taking teune yeares from 300. setting at the beginning of his raigne, and the remaine 300. giueth the time since as before. Lastly if question were made, how long time it was betweene the beginning of two Kings raigne, or from some yeare following of one Kings raigne to another, these are resolued by subducting the yeare of our Lord of the beginning of such Kinges Raigues, or of any other yeares of their raignes one from the other, for the remaine giueth the time betwixt, as for example: If I would know how many yeares it was from the beginning of King Edward the 2 raigne to the beginning of Queene Maries Raigne by substracting the yeare of our Lord 1307. when King Edward 2 began from the yeare 1553 I shall haue in the remaine 246 the difference of yeares betweene the beginning of their raignes: but if the question were how many yeares it was from the said 10 yere of Edward the 2 raigne, to the 2 yere of Queene Mary, first I reduce the 10 yere of King Edward the 2 raigne to the yeare of our Lord 1317 according to the resolution of the 2 question before set down, and the 2 yeare of Queene Maries Raigne, in like manner by adding 2 to the year 1553 which produceth 1555. Now substracting 1317 from 1555 the remaine 238 giueth the difference of time betwixt the said yeares of their raignes, so that by these directions the vse of this table cannot but be very easie and commodious for the resolning of al questions of the dates of deeds Leases, or Charters, dated in any Kings Raigne since the Conquest.

A briefe Cronologie of some memorable Accidents.

	Yeares
From the Creation to the Floud	1656
From the Creation to this present yeare	5584
From the Creation to Abrahams departing from Vr in Chaldee	2019
From Abrahams departure, vnto the departing of the Israelites out of Egypt	430
From the departing of the Israelites, to the first building of the Temple, are	480
From the building of the Temple, to the Captiuitie of Babilon, are	433
From the captiuitie to the redifying of Jerusalem	148

From the Edict of the reedifying the Citty, to the death of our Sauiour Jeſus Chriſt ——— 490
From the Creation, to the paſſion of our Lord and Sauiour, are ——— 4000
From the Creation to his Incarnation ——— 3967
From the Incarnation to this preſent yeare is 1617
March the 25. So from the Creation to this preſent yeare are ——— 5584

Thus much haue I thought good to deliuer for illuſtration of the truth of Cronologie, for that hitherto moſt Cronologers haue erred in extricating the Laberinth of the προπροφησις or the time of the bearing of the burthen of the iniquitie of Iſraell.

Of the foure Quarters of the yeare, and firſt of Winter.

VVInter quarter began the laſt yeare the 11 day at 7 of the clocke & 44 min: before noone, the Sun being then arriued to his greateſt South obliquation, being in his age 23 degrees, 31 min: cauſing thereby the ſhorteſt day & longeſt night in the year, and being elauated but 15 degrees & 2 min: produceth little heate, whereby the yeare is now declined to exhauſted age, whē al things vegetant vpon Dame Ops her ſpacious garden in this Northerne ſcite being dead, Florae's treaſury is continually ſpent. The weather in ꝑ beginning of the quarter, is like to bee very ſeaſonable with hard froſts, and in February great ſnowes and very faire and auſpicious weather at the laſt.

Of the Spring.

Sols entrance into Aries the firſt oddecatemorie of the vernall quarter hapning the 10. day of March, at 8. of the clocke, and 30 min: being the genethliacall Reuolution of the world from whence preſagements of the future times of this yeare might be collected, but that I hold it not now operepiectious, ſince it ſhall onely bee expoſed to criticall taxing without any fruit, which albeit it be ſo taxed not without cauſe in many points as it hath been abuſed by ſome Larvate Aſtrologers, ſo queſtionles the whole art is not to be condemned, but in many reſpective caſes of good and vſefull conſequence highely to be commenced: wherin leauing euery one to abound in his owne

ſence

sence: for the Astronomicall part in regard it insisteth vppon solid principles is subiect to the sences, and is demonstrable by Cyclometry being more certaine, I say the Sunne being now mounted in this Horizon at his highest pitch on the Meridian 38. degrees 27. minutes scited in the Equinoctiall, causeth equall dates and nights throughout the world: And in this Northerne clime of the world by his almous Rayes, produceth out the Treasury of the earth, and decketh it with fragrant Flowers. The dispose of the weather in the beginning of the quarter will be somewhat extraordinary wet till the end of Aprill, and after tempestuous.

Of Summer.

SUmmer beginning at Sols entring into Cancer being arrised to the highest point of his Equation this yeare in our Horizon, viz. 62 degrees and 4 min: by his greatest Arch of sunshine here, causeth the longest day and shortest night in the yeare, which falleth out the 11 day of June at 48 minuts past high noone. And now his Rayes falling most perpendicular vpon the surface of our Horizon causeth the greatest heat in the yeare. In the beginning of this quarter is like to be many sommer tempests, which afterwards to the end will be aggravated with wet.

Of Autumne.

AUtumne beginneth the 13 day of September at 2 of the clock and 56. minuts in the morning, the dayes being then equall throughout the whole world, when Sol by his nutritiue warmth allureth Dame Ops after the disburthening of her Summer fruits to a second Spring. The beginning of this quarter will be as the end of the former the middle faire but the end sharpe and boystrous winter weather.

Of

Of the diſtinctions of time viz. Yeares, Moneths, Weekes, and dayes.

A Yeare is Poeticall, viz. limited by the Coſmicall, Acronicall, &c. riſing of ſome notable fired ſtarre, or Aſtronomicall according to the courſe of the Sun or Moone in the Zodiacke: this againe is Solar or Lunar. The Solar alſo is Tropicall or Sidereall: Tropicall, is the time wherin the ſun by her proper courſe prouoketh himſelfe through the Zodiack to the ſame Tropicall point, & containeth 365 daies 5. houres and 49 minuts well nigh. The Sydereall is the time wherein by his courſe he arriueth to the ſame fired ſtarre from whence he departed, and containeth 365 daies 6 howres and a halfe very neare. The yeare Lunar is alſo common, or Emboliſmall. Common, conſiſting of 354, Emboliſmall of 384 daies, the firſt being leſſe then the other Solar yeare by 11. dayes, which is called the Epact, the other exceeding the Solar yeare 19. daies wherupon it commeth that the Lunar yeare euery third yeare hath 13. new Moones. Moneths are alſo Solar vſuall and Lunar: Solar is the ſpace that the Sun continueth in one ſigne, and is meane or equated. The vſuall is the ſpace of 30 or 31 dayes, whereby Iulius Cæſar by the helpe of Soſignes deuided the yeare into 12 parts or moneths, then conſtituting the leape yeares, and diuers other neceſſary diſtinctions or limits of the yeares which are vſed at this day. Lunar is fourefold, that is, of Peragration, Apparition, Medicinall, and of Conſecution. Peragration, being of 27 dayes, and 7 howres &c. in which time the moone palleth through the Zodiacke. Apparition, the time of 4. weeks. Medicinall, of 26. daies. And of Conſecution, being the time wherein ſhe ouertaketh the Sun after her departure from him being 29 daies and a halfe. A weeke is the ſpace of 7 dayes. A day is Naturall, or Artificiall: Naturall of 24 howres, Artificiall from Sun riſe to ſun-ſet, an howre containeth 60 minuts, a Minute 60 ſeconds, a ſecond 60 thirds.

Ele-

Elections.

CAt not any Haine the Moone being in the signe gouerning the member to be Phebotomized, neither when the or the Sunne is afflicted by the malignants ♄ or ♂.
But the Moone or Sun happily aspected by the benificent ♃ and ♀ seited in a good place of the heauen, in the moone after Sun rise fasting, or after noone, after perfect digestion, the ayre temperate.

For the { Flegmatique, Melancholick, Choller icke, Sanguine } The ☽ in { ♈ or ♐. ♎ or ♒. ♋ or ♉. either of these.

Againe, Youth from the change to the first quarter.
Middle age, from the first quarter to the Full.
Elder age, from the full to the last quarter.
Old age, from the last quarter to the change.
In Spring or Harueſt the ☽ being not in ♌ nor neere the ☍ by a day nor □ by 12 howres, neither sleeping presently, stirring violently, nor using Venery presently after it. But note in cases of necessity these rules are not so strictly obserued.

Prepare humours	being in	♊ ♎ or ♒
Vomit		♈ ♉ or ♑
Purge by meate		♋ ♌ or ♍
Take Glisters		♈ ♑ or ♏
Gargarize		♋ or ♈
Stop Rhumes and flure		♉ ♍ or ♑
Bath		♈ ♎ or ♐
Purge w Fleet pils, or potios		♋ ♏ or ♑

Comfort the vertues attractiue ☽ being in ♈ or ♐ digestiue in ♓ or ♎ retentiue in ♉ or ♍ expulsiue in ♋ and ♓ Planets increasing in ♉ or ♏ Fell timber Moone decreasing from June to Januarie, Fell Copice in the □, cut vines in February or March, ☽ being in ♈ ♐. or ♑. Remoue Trees the last □ the Moone decreasing, sheare sheepe and cut hayre the Moone increasing.

The

The Geographicall deſcription of *waies from one notable Towne to another*, ouer all England, and thereby how to trauell from any of them to the Citty of *London*, ſet forth after a new order, by *A. H.*

NOte that the figures in the rowes vnder this marke * is the diſtance of that towne they ſtand againſt, from London, or from the towne you are directed vnto.

From Yorke to London 150 miles.

From Yorke go firſt to Tadcaſter which is 8 miles.

Thence to	miles	*
Wentbridge	12	130
Doncaſter	7	123
Turkeſd	18	105
Newmarket	10	95
Grantham	10	85
Stanford	16	69

Thence to	miles	*
Stilton	12	57
Huntington	9	48
Royſton	15	33
Ware	13	20
Waltham	8	12
London	12	

From Norwich to London 86 miles.

From Norwich go firſt vnto Windam, which is 5 miles.

Thence to	miles	*
Aſkeborough	5	76
Thetford	10	66
Ickingham ſands	6	60
Newmarket	10	50
Whitford bridge	10	40

Thence to	miles	*
Barkeway	10	30
Puckeridge	5	25
Ware	5	20
Waltham	8	82
London	12	

From Yarmouth to Colchester, and so to *London*, 92 miles.

From Yarmouth goe first to Lestiff, 6 miles,

		miles	*
thence to	Blabur	10	76
	Quay-bridge	8	68
	Wood-bridge	6	62
	Ipswitch	7	55
	Colchester	12	43

		miles	*
thence to	Kelnedon	18	35
	Chelmisford	10	25
	Brent-wood	10	15
	London	15	

From Walsingham to London, 82 miles

From Wallingham to Pickham, 12 miles, thence

		miles	*
to	Brandonferry	10	60
	Newmarket	10	50
	Chesterford bridge	10	40

to London, as in Norwich way.

From Cockermouth to Lancaster, and so to London, 223 miles.

First goe from Cockermouth to Kirkwike 6. miles,

		miles	*
thence to	Grocener	8	217
	Kendall	14	203
	Burton	7	195
	Lancaster	8	188
	Preston	20	168
	Wigan	14	154
	Warrington	12	142
	New-castle	20	122
	Lichfield	20	104
	Coleshill	12	90

		miles	*
thence to	Coventry	8	82
	Daventry	14	74
	Towcester	10	60
	Stonistratford	6	50
	Brickhill	7	44
	Dunstable	7	30
	S. Albons	10	20
	Barnet	10	10
	London	10	

Go first to Belford, which is 12 miles.

		miles	*
thence to	Anwicke	12	84
	Morpit	12	72
	Newcastle	12	60
	Durham	12	48

		miles	*
thence to	Darington	14	34
	Northallerton	10	24
	Topcliffe	7	17
	Yorke	17	

From Shrewesbury to Couentry, and ſo to London, 126 miles.

From Shrewsbury goe to Watlingſtreete 7 miles, thence to

	miles	*
Shefnall	5	114
Bamingall	3	111
Wolnerhampton	5	106
Brenicham	20	96

thence to

	miles	*
Meriden	10	86
Couentry	4	82
London as in Watlingſtreete-way.		

From Cambridge to London, 44 miles.

Firſt go to Royſton from Cambridge, 10 miles, thence to

	miles	*
Barke-way	4	30
Buckeridge	5	25
Ware	5	20

to

	miles	*
Waltham	8	12
London	12	

From Oxford to London, 47. miles.

From Oxford go to Whatley-bridge, 5 miles, thence to

	miles	*
Tetſworth	5	37
Stoken-church	5	32
Wickam	5	27

to

	miles	*
Beconfield	5	12
Arbridge	7	15
London	15	

From Ludlow to worceſter, and ſo to London, 106 miles.

From Ludlow go to Tenbury, which is 5 miles. thence to

	miles	*
Worceſter	16	85
Eulſham	12	73
Chippingnorton	14	59
Ilſip	12	47

thence to

	miles	*
Wickam	20	27
Beconfield	5	22
Arbridge	7	15
London	15	

From Carmarthen to London.

Goe first to Laundonery, which is 20 miles, then

		miles	*		
to	Belth	14	135	to	London, as in Ludlow way.
	Preston	12	123		
	Worcester	26	85		

From S. Dauids to Hereford and Glocester, and so to London. 210 miles.

From S. Dauids go to Arford, 12 miles.

		miles	*			miles	*
thence to	Carmarthen	24	174	thence to	Farington	10	56
	Newton	12	162		Abington	10	46
	Lanbury	10	152		Dorcester	5	41
	Brecknocke	16	136		Henley	12	29
	Hay	10	126		Maidenhead	7	22
	Hereford	14	112		Colebrooke	7	15
	Rosie	19	93		Hunslow	5	10
	Glocester	12	81		London	10	
	Ciceter	15	66				

From Carnaruan to Chester, and so to London, 207 miles.

Go first vnto Cay, is 2 wcho * miles. 4*

		miles				miles	
thence to	Denbigh	11	162	thence to	Lichfield	18	102
	Flint	12	160		Colesill	12	90
	Chestey	10	150		Couentry	8	82
	Wich	15	135		London, as in Cockermouth way.		
	Stone	15	120				

From Bristow to London, 97 miles.

First go to Marefall which is 10 miles.

		miles	*			miles	*
thence to	Chinnam	16	77	thence to	Reading	15	32
	Marleborow	15	62		Maidenhead	10	22
	Hungerford	8	54		Colebrooke	7	15
	Newbery	7	47		London	15	

From

From Exceter to London, 138 miles.

Go first vnto Honiton which is 12 miles.

		miles	*			miles	*
thence to	Chard	10	116	thence to	Basingstoke	16	39
	Crookehorne	6	110		Hartherow	8	31
	Sherborne	10	100		Bagshot	8	23
	Shaftsbury	12	88		Staines	8	15
	Salisbury	18	70		London	15	
	Andeuer	15	55				

From Douer to London 55 miles.

First go vnto Canterbury which is 12 miles, thence

		miles	*			miles	*
to	Sittingborne	12	32	to	Dartford	6	12
	Rochester	8	23		London	12	
	Graueſend	5	18				

From Rye to London 48 miles

First go to Plimwill which is 15 miles, thence

		miles	*			miles
to	Tunbridge	11	23	to	London	15
	Theyſtow	7	15			

From Southampton to London 64 miles.

Go first vnto Twiford which is 8 miles, thence

		miles	*			miles	*
to	Alford	8	48	to	Ripley	5	20
	Alton	7	41		Cobham	5	15
	Farnam	7	34		Kingſton	5	10
	Gilford	9	25		London	10	

From Chicheſter to London, 50 miles.

Go first to Midhurſt, which is 7 miles, thence

		miles	*			miles	*
to	Cheddingfold	10	33	to	Cobham	5	15
	Gilford	8	25		Kingſton	5	10
	Ripley	5	20		London	10	

From Couentry to Oxford 44 miles.

First goe vnto Southam, 14 miles, thence

		miles	*			miles
to	Banbury	10	24	to	Oxford	6
	Woodstocke	14	6			

From Couentry to Cambridge, 46 miles

Go first to Dunchurch, which is 8 miles, thence

		miles	*			miles	*
to	Northampton	10	28	to	S. Eedes	8	10
	Higham-ferrics	10	18		Cambridge	10	

From Bristow to Oxford, 48 miles.

Go first vnto Sadbury, 10 miles, thence

		miles	*			miles	*
to	Cicester	12	26	to	Oxford	12	
	Faringdon	14	12				

From Bristow to Shrewsbury, 70 miles.

First go to Awke, which is 8 miles, thence

		miles	*			miles	*
to	Wanmouth	10	92	to	Ludlow	8	20
	Hereford	12	40		Shrewsbury	20	
	Lempster	12	28				

There is another way to go to Shrewsbury from Bristow, as to Glocester, Tewkesbury, Worcester, and Bridgnorth, &c. but it is 17 miles further, and then you passe no ferry.

From Yorke to Shrewsbury, 103 miles.

Go first to Wetherby, which is 7 miles,

		miles	*			miles	*
	Otley	13	83		Aldwich	16	36
Hence to	Bradford	6	77	thence to	Beckton-wood	9	24
	Halifax	6	71		Whitchurch	10	16
	Blackston-edge	6	65		Nice	4	12
	Roch-dale	6	59		Shrewsbury	12	
	Manchester		51			81	

From

From Barwicke to Yorke, 108 miles.

Go firſt to Belford, which is 12 miles.

		miles	miles			miles	miles
thence to	Anwicke	12	84	thence to	Darington	14	34
	Morpit	12	72		Northallerton	10	24
	Newcaſtle	12	60		Topcliffe	7	17
	Durham	12	48		Yorke	17	

AFter the High-wayes I thoght it pertinent heere to inſert a note of the exact and true Longitudes and Latitudes, of all the principall Townes, noted in the former diſcription: For that hitherto it hath not beene performed by any, and the laſt vaſt ſpeedy laborious worke ſayles more then any before him: As alſo for that many of my Opinions Alminacke makers miſtakes themſelues in the very latitude, of the place to which they referre their Almanacks, by reaſon they are not practiſed in Geography. The note heere followeth.

	Longitude. Deg:	Min·	*Latitude.* Deg:	Min·
Yorke.	23	29	54	3
London.	24	20	51	33
Norwich.	25	36	52	45
Yarmouth.	26	0	52	46
Colcheſter.	25	20	52	0
Walſingham.	25	12	52	54

	Longitude. Deg: Min.	*Latitude.* Deg. Min.
Cockermouth.	21 26	55 7
Lancaster.	21 55	54 22
Shrewsbury.	21 47	53 0
Coventry.	22 45	52 42
Cambridge.	24 25	52 15
Oxford.	23 26	51 58
Ludlow.	21 46	52 43
Worcester.	23 12	52 30
Carmarthan.	20 8	52 15
St. Davids.	19 13	52 17
Hereford.	25 43	52 22
Glocester.	22 11	52 10
Carnarvan.	20 8	53 33
Chester.	21 4	53 32
Bristoll.	21 43	51 45
Exeter.	21 42	50 50
Dover.	25 44	51 10
Rye.	25 10	51 0
Southampton.	22 58	50 10
Chichester.	23 37	51 5
Barwick.	22 27	55 52
The Lez: po.	19 25	50 10

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